

Detailed Content Outline: From Conception to Connection: Pregnancy, Birth and Beyond

May 10th - September 30th 2026

*This activity has not been accredited for CERPs. This education counts towards your continuing professional development (CPD) hours.

This information is provided to assist delegates in self assigning CERPs.

Speaker	Presentation Title	Duration (hr)	Type	I Development & Nutrition	II Physiology & Endocrinology	III Pathology	IV Pharmacology & Toxicology	V Psychology, Sociology & Anthropology	VI Techniques	VII Clinical Skills
Lucy Armitage	Experiences of pregnancy associated cancer care	1	L			✓	✓	✓		✓
Rachael Austin	Breastfeeding in the modern age: How maternity care systems disrupt physiology	1	L			✓	✓	✓		✓
Charlie Benzie	Improving maternity care for individuals with disabilities	1	L			✓		✓		✓
Stacey Butcher	Culturally safe birth practices	1	L					✓		✓
Rachelle Chee	Pregnancy and birth in a social media landscape	0.75	R					✓		
Rebecca Dekker	Big babies: What the evidence says	1	R					✓		
Soo Downe	The amazing power of social support: Evidence for maternity care	1	L					✓		✓
Carolyn Hastie	Psychophysiological birth as climate action	1	L				✓	✓		✓
Ruby Jackson & Margaret Myatt	Health inequalities in midwifery care for women of colour	1	L					✓		✓
Hazel Keedle	The woman's experience of debriefing in maternity care	1	R					✓		✓
Bernadette Lack	Beyond the event: Understanding birth trauma through the nervous system, body, and relationship	1	L					✓		✓

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Molly O'Brien	The importance and barriers to instinctive movement and positions in the birth room	1	R				✓	✓		✓
Victoria White	The four support pillars of neurodivergent birth	1	L					✓		✓
Totals		12.75	3.75 R 9 L							